

STATION 6: Hand Signals

Recommended Age Group: Kindergarten - Grade 8

Mode: Bike & Scooter

Learning Objective

Participants will learn how to be predictable and accurately communicate their actions to other road users using hand signals.

- Communicate with other road users (drivers, cyclists, pedestrians) using hand signals.
- Always use your left hand to signal.
- These are the same signals that drivers are taught.

Planning for this Station

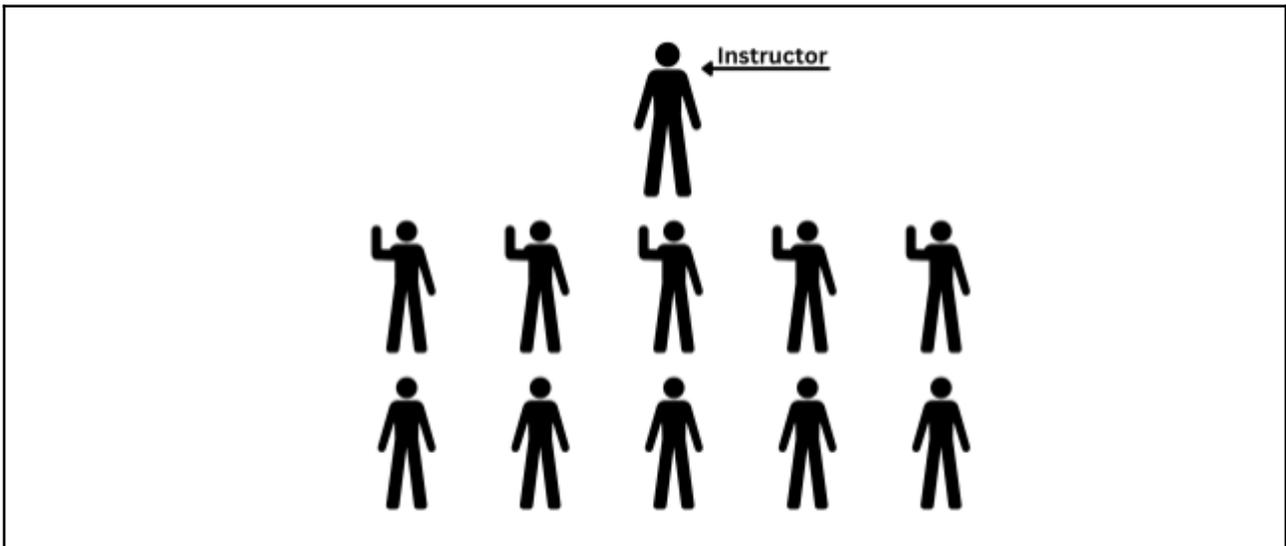
Time: 10 minutes

Recommended # of students per group: 10

Equipment: None

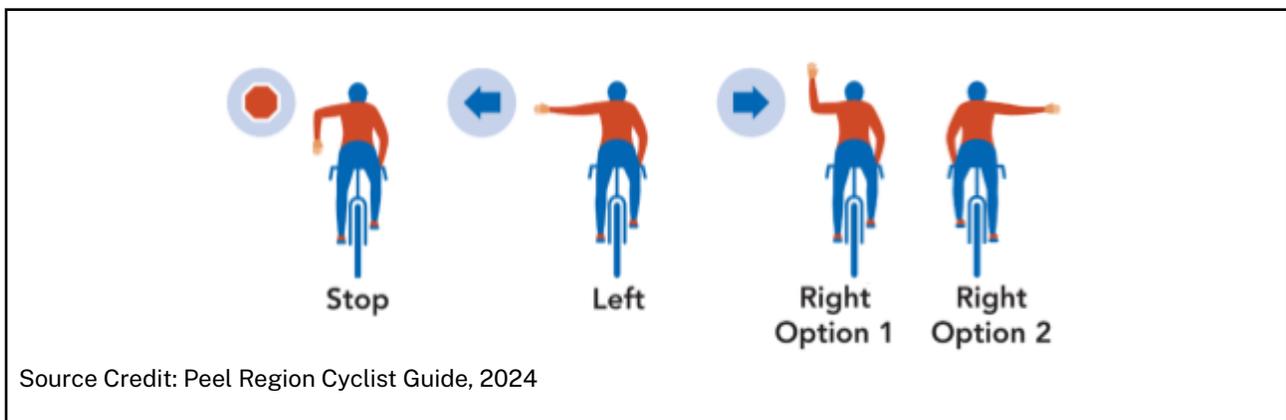
Number of Leaders required: 1

Set Up



Instructions

1. Have students stand in pairs, one student in front of the other.
2. Review each of the hand signals one at a time.
3. Have students demonstrate the hand signal and have students at the back confirm that the signal is visible and properly done.
4. Begin a round of Simon Says using the different hand signals
 - a. Instructor will be the leader “Simon” and give instructions to students (e.g. Simon says signal right).
 - b. Students should only follow instructions that begin with “Simon says.”
 - c. If “Simon” gives instructions without saying “Simon says” (e.g. Signal stop), students need to stand still and not follow the instructions given. If they do follow the instructions that they shouldn’t have, they do five jumping jacks.



Final Discussion Points

1. Cyclists use the same hand signals that drivers are taught. These signals are meant to be universally understood by all road users.
2. Using your left hand for all signals means that you can focus on using your right hand to maintain control of the bicycle or scooter, and you don't have to try to remember which hand to use for signaling.

Source: MTO - Young Cyclists Guide, 2010