



Unit Expectations

The following expectations are taken directly from the *Ontario Curriculum: Health and Physical Education*

1. list safety procedures and practices in the home, school, and community;
2. explain relevant safety procedures;
3. use a problem-solving process to identify ways of obtaining support for personal safety in the home, school, and community;
4. use living skills to address personal safety and injury prevention;
5. apply decision-making and problem-solving skills in addressing threats to personal safety (e.g., from abuse or physical fighting) and injury prevention (e.g., bicycle safety, road safety);
6. identify people (e.g., parents, guardians, neighbours, teachers) and community agencies (e.g., Kids' Help Phone) that can assist with injury prevention, emergency situations, and violence prevention;
7. apply strategies to deal with threats to personal safety (e.g., in response to harassment) and to prevent injury (e.g., from physical assault);
8. apply strategies (e.g., anger management, assertiveness, conflict resolution) to deal with personal-safety and injury-prevention situations (e.g., swarming, threatening, harassment)